

Kypros Nicolaou, MA, BSc

Sports Bio:

- [https://www.triathlon.org/athletes/profile/16498/kypros\\_nicolaou](https://www.triathlon.org/athletes/profile/16498/kypros_nicolaou)
- Empowered the *Nicosia Swimming Club* for 10 consecutive years 1983-1993 as a teenager and has contributed in the capture of several Team Championships
- Wildflower Triathlon, California, USA, Olympic Distance Triathlon, 1994, 20th 1995, 11<sup>th</sup>
- Aptos, California, USA, Olympic Distance Triathlon, 1995
- Cyprus, National Championships, Olympic Distance Triathlon: 2007-5<sup>th</sup> 2006 – 5<sup>th</sup>, 2005-2006- 3<sup>rd</sup>, 2002-2003- 2<sup>nd</sup>, 2001- 7<sup>th</sup>, 2000, 2<sup>nd</sup>, 1999- 1<sup>st</sup>, 1998- 2<sup>nd</sup>, 1997- 1<sup>st</sup>, 1996- 2<sup>nd</sup>
- Cyprus, National Championships, Sprint Triathlon, 2005-2007- 4<sup>th</sup> & 5<sup>th</sup> respectively, 2002-2004 – 3<sup>rd</sup>, 2001 1<sup>st</sup>, 1999, 1<sup>st</sup>, 1998, 1<sup>st</sup>, 1997, 1<sup>st</sup>, 1996 2<sup>nd</sup>
- Powerman Alabama Duathlon, USA, 1996, 26<sup>th</sup>, 1997, 5<sup>th</sup>, 1998, 7<sup>th</sup>, 1999, 16<sup>th</sup>
- Memphis in May, USA, Olympic distance Triathlon (USA) 1997, 10<sup>th</sup>, 1998, 15<sup>th</sup>
- Aegean Prestige race (ETU- European Triathlon Union) Greece 1998, 9<sup>th</sup>
- Malta, Small Nations Games –, 1998 – National Team representation, top 10
- Rocket City Marathon, Huntsville Alabama ,USA, 1999, 110<sup>th</sup>
- Lausanne, Switzerland, *World Triathlon Championships* 1999, 65<sup>th</sup>, 2006, 49<sup>th</sup>, in age groups.
- Boston Marathon 2000, USA, 3049<sup>th</sup>
- Florida, USA, Gulf Coast Half Ironman Triathlon, , 2000, 15<sup>th</sup>
- Malta, Small Nations Games of Europe, , 2000, 4<sup>th</sup>, 2002 7<sup>th</sup>, 2003 9<sup>th</sup>, 2005 9<sup>th</sup>.
- St. Croix, Virgin islands, USA, Half Ironman Triathlon 2001, 14<sup>th</sup> age group
- New York, Mighty Hamptons Triathlon, Olympic Distance, 2001,
- New York, Rye, Olympic Distance Triathlon, 2001
- Alanya, Turkey, ITU Triathlon Championships 2004, overall 54<sup>th</sup>
- Austria Ironman Triathlon 2006 – 603<sup>th</sup>, 10:54
- Remerchen, Luxemburg, Small Nations Game, 2008, 68<sup>th</sup> age group.
- Real Berlin Marathon, Germany 2009, 3:31 finish time
- Holten, Holland, European Championship , 2009 participation age groups.
- Portugal, Lisboa 2010 ITU Series, top 25<sup>th</sup> in age groups
- St. Polten, Austria, Half Ironman Triathlon, 2010, age group 1013<sup>th</sup>
- Hamburg, Germany, ITU Series, 2011, Olympic Distance, top 15 in age groups
- Kitzbuhel, Austria ITU Series, 2012 in Olympic distance, Age groups
- Cyprus, White rocks, off-road Triathlon, 2014, 2<sup>nd</sup> place.
- France, Nice Ironman Triathlon 2015– 11:59

