

# TATLER

MAY £4.40

**MEET  
THE NEW  
DUKE OF  
WELLINGTON**

AND THE NEXT  
ONE, AND THE  
ONE AFTER THAT...

**S&M  
SLOANES**

POSH GIRLS  
WITH WHIPS

**POWER  
ENTERTAINERS**

THE SUPERHOSTS  
WHO SECRETLY  
RULE THE WORLD

**RACY!**

WHAT TO  
WEAR  
TO ASCOT

**DO YOU  
WANT  
A BABY?**

THE VERY BEST  
FERTILITY  
TREATMENTS

*ROCK  
PRINCESS*

LIZZY JAGGER SEDUCES IN SPRING FASHION



# My close-up Alice Naylor-Leyland

The hotelier and cupcake queen talks sweets, scents and, er, shoplifting with Katie Thomas

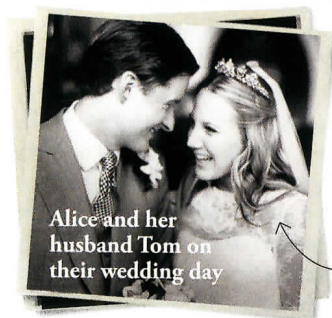


By day, I'm partial to For Her by **Narciso Rodriguez** – I've worn it since I was 16. At night, I love Sexy by **Trish McEvoy**, but I wish it wasn't called that.

When I was younger, I lived in the **No. 11 Cadogan Gardens** hotel. I'd go down to the kitchens in my nightie to make milkshakes. I was like *Eloise*, right, without the pet tortoise.



If I could get away with any crime, I would say shoplifting, but that's terrible! Not paying for my train tickets – that would be a great one.



Alice and her husband Tom on their wedding day

*My husband and I don't remember how we met: I think it was through mutual friends. We always say, 'Right, let's think of something, let's make up a story,' but it never works.*



My wedding dress was made by **Phillipa Lepley**. Creating it with her was a fun process. We even went to the Paris fashion shows together to look for inspiration.

## TALBOT HOTEL

I run the **Talbot Hotel** in Malton with my husband. I'm in charge of the toiletries: we have **Penhaligon's** in all the rooms and a station with toothpaste, nail-polish remover and razors on every floor.



I love baking – I've even won some prizes in North Yorkshire, where I live. When I was seven months pregnant, I made **2,000 cupcakes!**

## Beauty winners



**1**  
Dr Sebahag  
Serum  
Repair



**2**  
Darphin  
Hydraskin  
Light



**3**  
CosMedix  
Benefit Clean  
Gentle Cleanser



Oreos



Flying Saucers



White Maltesers



The best  
cupcake toppings



BOOT  
CAMPS

## PURIST VS TOURIST

### CHATEAU BOUFFEMONT, PARIS

Get ready to be put through your paces military-style by ex-Royal Marine Commando and former PT to Prince

Harry, James Gilbertson. Set in the wooded grounds of a 19th-century chateau outside Paris, the Game is a weekend of testosterone-fuelled survival: expect unarmed combat, bushcraft and weapons handling before being stalked cross-country by *real* soldiers. It tests your physical strength, mental stamina – and stomach (animals are caught, skinned and put on the menu). Heart-thumping stuff. *Asanox* offers two nights from £2,250 (based on two sharing), including transfers, food, drinks and activities ([asanox.com](http://asanox.com)).

### ALMYRA, PAPHOS, CYPRUS

Led by former national champ Kypros Nicolaou, who designed the Cyprus triathlon course, this coastal boot camp is no walk in the park. You'll swim in choppy open water, clamber half-naked onto a bike and pedal up a mountain, then leg it through a crowded port in tight, wet Lycra. The result? Much improved technique and times, of course. Have a muscle-easing Ila massage and any grimace lines erased with QMS oxygen facials (and no, you can't have a quick go on the oxygen before you set off again). *Scott Dunn* offers seven nights from £1,250, including BA flights to Paphos ([scottdunn.com](http://scottdunn.com)).

